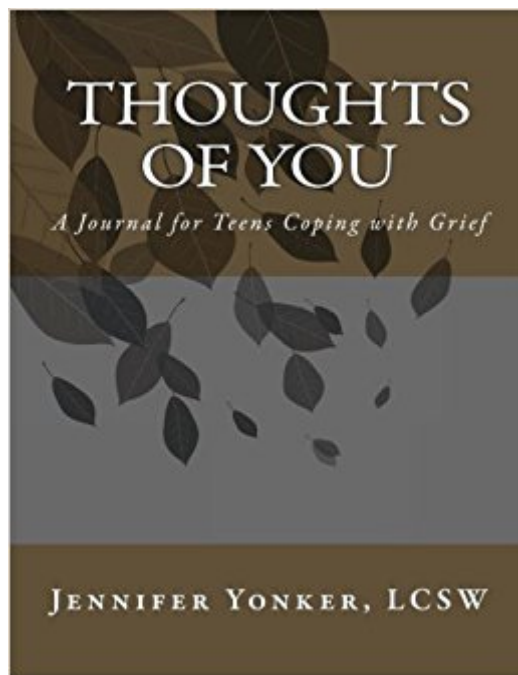




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Thoughts Of You: A Journal For Teens Coping With Grief (Journal's For Teens)



Synopsis

A journal formatted workbook designed to assist teens in working through the feelings associated with grief. Using easy to understand headers such as "This is what you meant to me" and "This is the story of how you died" writers are guided through the process of healing from grief. This may be used for writing, poetry, or artwork. This journal is perfect as an extra tool for therapists and providers who work with teens. It has an easy to use and understand format enabling it to be used with younger teens and with teens of varying abilities and skill levels. It is filled with reproducible pages allowing therapists to copy chosen pages for use in therapy. It is ideal for youth who process emotions best through writing and can be used as a tool for art therapists as well.

Book Information

Series: Journal's for Teens

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Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 5.4 ounces (View shipping rates and policies)

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Customer Reviews

Jennifer is a licensed clinical social worker with twenty years of experience working with at risk teens. She has provided services in a variety of settings including residential mental health and dual diagnosis treatment, in-patient psychiatric care and she currently works in the juvenile justice field.

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